

ECO-MAP OF PERSON'S NETWORK

An eco-map is a diagram used to show the social and personal relationships of an individual with their environment. As a visual too it can be used as a participatory way for individuals to describe and organize the various people impacting their lives. Eco-maps place the person at the centre, and visually show the key social and personal relationships that the person has with their environment that could be drawn upon to provide support.

Instructions – Use this template of an eco-map to help find out about the people who are significant to the person you are working with. Create new bubbles around the centre bubble to represent other people, places, or organizations that are important in the person's network (e.g. partner, parents, siblings, friend, religious group, social worker, etc.). You will also want to identify the strength of the relationship that exists (i.e. strong relationship, weak relationship, or stressed relationship) by drawing a line between the two people. You can add in as many bubbles as you see fit.

