

Commonly Experienced Diseases – Signs and Symptoms

Chronic Obstructive Pulmonary Disease (COPD)

Shortness of breath; wheezing; chest tightness; chronic cough; mucus expelled when coughing; blueness of lips or fingernail beds; frequent respiratory infections; unintended weight loss; swelling in ankles; headaches; fatigue

Hepatitis C

Sore muscles; fatigue; joint pain; fever; nausea; not eating; stomach pain; itchy skin; dark urine; jaundice

Diabetes

Unusual thirst; extreme fatigue; blurred vision; recurring infections; cuts and bruises slow to heal; tingling or numbness in hands/feet; weight change

Lung Cancer

Lingering cough; coughing up blood; chest pain; hoarseness; weight loss; not eating; new onset of wheezing; recurring infections like pneumonia or bronchitis; bone pain

Respiratory Disease/Failure

Difficulty breathing; coughing up mucus; wheezing; rapid breathing; fatigue; confusion; anxiety;

Congestive Heart Failure

Shortness of breath when lying down; fatigue; weakness; swelling in legs, ankles or feet; rapid or irregular heartbeat; persistent cough; wheezing; blood-tinged phlegm; swelling of abdomen; rapid weight gain; difficulty concentrating; not eating; nausea

Tuberculosis

Persistent cough; coughing up blood; chest pain when coughing; fatigue; fever; night sweats; chills; weight loss; not eating

Liver Disease

Jaundice, bleeding from rectum, mouth, and nose; not eating; memory loss; confusion; fluid in the legs; difficulty with balance; prominent veins; tiredness; abdominal pain and swelling; vomiting